# SWACYPAA II

Southwest Area Conference of Young People in Alcoholics Anonymous



# Phoenix, Arizona July 23<sup>rd</sup> – July 26<sup>th</sup>, 2015

## SWACY! SWACY! SWACY! PAA! PAA! PAA!!!

Welcome! Thank you for choosing to be a part of this new and growing epidemic known as, SWACYPAA here in the Valley of the Sun! This conference is a chance for you to celebrate and enjoy your sobriety, get weird, and make some new friends! We hope to share with you a wonderful message of experience, strength and hope. Welcome to the desert! We are glad you are here with us to share what is sure to be an unforgettable weekend! We have a host of events throughout the conference, as well as some amazing speakers from Arizona and various other locations around the world! Please, feel free to let us know if you have any special needs or necessary accommodations.

### Responsibility Declaration

AA is about attraction rather than promotion. Keep in mind, as a member of AA you are an example of the program of Alcoholics Anonymous and its principles. Please be respectful of the facility & its staff. Also, please reach out to anyone who looks lost or overwhelmed. Remember, "I am responsible. When anyone, anywhere reaches out for help, I want the hand of AA always to be there, and for that, I am responsible."

#### **Inclusion Statement**

Everyone from anywhere is welcome here at SWACYPAA!

#### History of SWACYPAA

The idea for a Southwest Area Conference for Young People in Alcoholics Anonymous was originally conceived by regular attendees of annual YPAA Conferences between 2006 and 2010, a nearly five year stretch of time during which there was only one year with a regional Young People's Conference inside of a day's drive for residents of the Continental American Southwest. The simultaneous growth occurring in the population of YPAAs in states like Utah, Colorado, New Mexico, Nevada and Arizona led to the creation of the Four Corners Summit in 2010, an annual Campout aimed at promoting participation, enthusiasm, unity and excitement about Alcoholics Anonymous and sobriety for young people in the Southwest who didn't have another annual gathering in their immediate vicinity that they could attend or host. Many YPAAs within the region of the Four Corners Summit had made a regular habit of traveling to nearby states to attend their annual conferences, however found themselves frustrated by the fact they could never bring those Round-Ups to their area. There was a

desire to participate in the kind of spiritual growth they heard was experienced by those involved in hosting large conferences.

During the three years after the Four Corners Summit was created, it became apparent to those involved that its attendees desired to keep that event small and intimate. The idea for creating an additional, larger conference for the Southwest region was born. After the unanimous blessing of the WACYPAA Advisory Council; YPAAs from Utah, Colorado, Arizona and Nevada planned an informal gathering at the 2013 WACYPAA in Tucson, AZ, where an Advisory Council to lead the idea from concept to actualization was formed. From there the work to make SWACYPAA a reality began as the elected Advisory Council began to hold monthly video conference calls.

The Southwest Area Conference for Young People in Alcoholics Anonymous has been established as an annual gathering to promote participation, unity, and enthusiasm about recovery among young AAs in the region. All across the Southwest there are young people achieving long-term, lasting recovery from alcoholism, but until now there has been no consistent vehicle for newcomers to be introduced to this reality. To fill this void, SWACYPAA has been designed to enable smaller, sometimes less populated cities with growing YPAA communities to experience attending, bidding, and hosting a local area conference.

Yours in Service, SWACYPAA II Host Committee

### **Registration**:

Located in the rooms in front of the Regency Ballroom

Registration will be open at the following times:

- <u>Thursday</u>: 12:00pm 7:30pm & 10:00pm 12:00am
- <u>Friday</u>: 9:00am 7:30pm & 10:00pm 12:00am
- <u>Saturday</u>: 9:00am 7:30pm

### **Badges:**

All conference attendees must wear a SWACYPAA lanyard/badge at all times while on the hotel property. We appreciate your cooperation as this will allow our security team to operate most effectively. Entrance to conference events will not be allowed without a badge. Please come to the registration area to register and pick up your badge.

### Merchandise and Paraphernalia:

Items such as T-Shirts, tank tops, lighters, and many other awesome things will be available for purchase throughout the conference. Merchandise will be located in the foyer of the Main Ballroom. Items will be available for purchase during the same time periods as registration is open.

### Speaker CD's:

All panel and main speaker meetings will be recorded and available to be purchased after each main meeting.

### YPAA Bidding:

SWACYPAA Bid Session will be from 8:00am – 2:00pm on Saturday in the Main Ballroom.

### **Bid City Tables:**

Bid committees will have tables set up on the second floor mezzanine throughout the conference and will be open at 4pm on Thursday.

#### Panels and Workshops:

Panels and workshops will be located in the Borein room during the conference. Please refer to panels and workshops section of the program for times and locations of these meetings.

### **Marathon Meetings:**

Marathon meetings will be held in the Borein room throughout the entire conference beginning at Midnight Thursday night, except during and within the 2 hours prior to the main meetings on Friday night, Saturday night, and Sunday morning. Refer to the Marathon Meeting section of the program for times of these meetings.

### **Entertainment:**

There will be several special events & entertainment held throughout this conference! We've got Rocky Horror, comedians, cosmic bingo, dances, & so much more! Please refer to the Entertainment section of this program for information on all of our scheduled entertainment.

#### **Hospitality:**

Hospitality will be located in Suite 312 on the 3<sup>rd</sup> floor by the pool. This room will have food, drinks, and DJ at various times through out the conference.

### **Main Meeting Seating:**

Seating for main meetings will be open one hour prior on Thursday and Sunday, and two hours prior to the Friday and Saturday main meetings. All will be located in the Regency Ballroom

#### Literature, Information and Outreach:

AA literature, including the Grapevine will be available to peruse and purchase on the  $2^{nd}$  Floor Atrium. There will also be information and outreach tables set up in this area.

#### Host Committee and Security:

If you have any questions or concerns, please see any member of the host committee and/or security team. They are the good looking people wearing shirts that say "HOST" or "SECURITY" on them.

### Smoking:

It is illegal in the state of Arizona to smoke inside public buildings or within 20 feet of public doorways. The hotel has asked that there will be **NO SMOKING** or **VAPING** at the pool or in any hotel common areas. There will be designated areas for your smoking convenience. Please ask a host committee member to point you in the right direction. All smoking is to be done on the street level away from the front door, please.

#### Lost and Found:

Check the registration and merchandise areas for any lost items.

#### Spanish/ASL:

English to Spanish/ASL translation will be available for all main speaker meetings and on certain panels. Please let someone on the committee know if you will be using this service or if you need any other translation services.

Traducción de Ingles al Español estarán disponibles para todas las reuniones principal. Por favor, hable con alguien en el comité si usted va a utilizar este servicio o si necesita cualquier otro servicios de traducción.

# Panel Meetings, Workshops, and Entertainment:

### Thursday

#### **Detaching With Love:**

(Whether they drink or not) Panelists: Ellen S. and Barbara L. 4:30pm – 5:30pm in the Borein Room

#### Steps 1, 2, 3 Workshop:

(Get through all 12 steps in one weekend!) Leaders: Danny H. *Phoenix, AZ*; Jennifer M. *Flagstaff, AZ* 5:30pm—6:30pm in the Borein Room

### **Opening Drum Circle**

A Native American drum circle with members of the Fort McDowell Yavapai Tribe to get the energy flowing. 5:00-7:00 in the Regency Ballroom.

#### A Community of Unity:

(Begin creating that everlasting fellowship) Panelists: Chris L. *Phoenix, AZ*; Sophia E. *Santa Cruz, CA* 6:30pm—7:30pm in the Borein Room

### Late Night Cosmic Bingo

10:30pm-12:30am in the Regency Ballroom

### Friday

#### Morning Meditation:

(Big Book pgs. 86-88) Leader: Rob W. *Mesa*, AZ 9:00am-9:30am in the Ellis West

#### All in the Family:

(AA and Al Anon- Double Winner Panel) Panelists: Madi and Alan G. 9:30am—10:30am in the Ellis West

#### **Talking Stick:**

(Get acclimated with Native American culture and speak freely) Leaders: Dewey *Dine Tribe* (Navajo) and Larry of the *Pima Tribe* (Souix) 10:00am—11:00am in the Ellis East

#### What does the Dr Think Now?:

(An updated approach to the Dr.'s Opinion from Dr.'s in the Field) Leaders: Dr. Gustavson and Dr. Arneson 10:30am—11:30am in the Ellis West

#### Al Anon 101 Beginners Workshop:

Panelists: Hallie G 11:00am—12:00pm in the Ellis East

#### :Hay una Solución!:

(Spanish speaking only) Panelists: Carlos M. *Phoenix, AZ*; Jose R. *Phoenix, AZ*; 11:30am—12:30pm in Russell

#### Life Happens:

(We never have to walk through anything alone) Panelists: Dave M. *Scottsdale*, *AZ*; Jacquie T. *Phoenix*, *AZ*; Zack P. *Venice*, *CA* 12:00pm-- 1:00pm in the Ellis West

#### What is H&I to you ?:

(Learn how to be of maximum service to those who need it most) Panelists: Chris Y. *Tempe, AZ*; James A. *Phoenix, AZ* 12:30pm—1:30pm in the Ellis East

#### Trudging the Road to Happy Destiny isn't that Easy:

(Relapse is a part of our story, but doesn't have to be) Panelists: Joy M. *Scottsdale, AZ*; 1:00pm—2:00pm in the Ellis West

#### Meditation Workshop:

(Time to get focused) Panelists: Tracy N 1:30pm—2:30pm in the Ellis East

#### Women's Workshop:

Leaders: Crystal R. *Bellevue, TN*, Tara K. *Chandler,AZ* 2:00pm—3:30pm in the Ellis West

#### Steps 4 and 5 Workshop:

(A manner of living which demands rigorous honesty) Leaders: Alex D. *Phoenix, AZ*, Nick C. *Aurora, CO* 3:00pm—4:00pm in the Phoenix West

#### Not So Straight Pepper Diet:

(GLBTQ- Working toward our ideal) Panelists: Lauren L. *Phoenix, AZ*; Chet W. *Portland, OR*; Amy S. *Tempe, AZ* 3:30pm—5:00pm in the Ellis West

#### SWACYPAA Forum:

(Advisory Q&A Session) Leaders: Kirk H. *Las Vegas*, *NV*; Liz C. *San Francisco*, *CA* 4:00pm—5:30pm in the Ellis East

#### I am in Love with an Alcoholic, and I am one TOO:

(That pesky balance between romance and spirituality) Panelists: Kyle M. *Detroit, MI*; Michaela B. *Flagstaff, AZ* 4:30pm—5:30pm in the Russell

### **Downtown Scavenger Hunt**

Does your team have what it takes to win? Meet in the 2<sup>nd</sup> floor Atrium from 3:00 pm—10:00

#### We are the Hot Flame Recoilers:

(Staying Sober in the Service Industry) Panelist: Megan M. *Scottsdale, AZ*; Brian D. *Chandler, AZ* 10:00pm—11:30pm in the Ellis West

### **Rocky Horror**

Be a part of this interactive performance of this iconic cult classic! *Damn It Janet*! 11:00pm—1:30am in the Regency Ballroom Pre-Show entertainment starting 10:30pm

### Dance

Come and show off your best dance moves! Hosted by DJ Derek. 11:00pm—1:30am in the Phoenix Room

### Saturday

#### Morning Meditation:

(Big Book pgs. 86-88) Leader: Pam W. *Mesa, AZ* 8:30am—9:00am in the Garden Court

#### Singleness of Purpose:

(Why is it so important?) Panelists: Tina M. *Paradise Valley, AZ*; Dee P. *Mesa, AZ*; Vicki P. *Glendale, AZ*; Zak H. *Prescott, AZ* 9:00pm—10:00am in Ellis East

#### The Ultimate Balance:

(Working in Recovery vs Personal Recovery) Panelists: Meena K, *Phoenix, AZ*; Gibson G. *Salt Lake City, UT*; Kevin O. *Prescott, AZ* 9:00am—10:00am in the Ellis West

#### Intimacy:

(Communication and Boundaries- AA and Al Anon- Double Winner!) Panelists: Madi and Alan G. 9:30am—10:30am in the Phoenix East

#### Sponsorship Workshop:

(Carrying the torch to the next alcoholic who suffers) Panelists: Crystle H. *Orland Park, IL*; Ashley S. *Pomona, C*; Caitlin L. *Seattle, WA* 10:00am—11:00am in the Ellis West

#### Bill Wilson's Essay on Leadership:

Leader(s): David T. *Scottsdale, AZ* 10:00am—11:00am in the Ellis East

#### Attraction vs. Promotion:

(Public Information Panel) Panelists: Jonathan P. *Scottsdale*, AZ; Kevin F. *Tucson*, AZ; Michael S. *Tucson*, AZ 10:30am—11:30am in the Phoenix East

### Let's Remain Anonymous: A Meet and Greet Social

11:00am—2:00pm on the 2<sup>nd</sup> Floor Atrium Lobby With your hosts Justin and Tiffany

#### Spanish Women's Meeting:

Panelists: Maria V. *Phoenix, AZ*; Guadalupe C. *Phoenix, AZ* 11:00am—12:00pm in the Ellis East

#### Spanish Men's Meeting:

Panelists: Arturo T. *Phoenix, AZ*; Jorge T. *Phoenix, AZ*; Oscar E. *Phoenix, AZ* AZ 11:30am—12:30pm in the Ellis West

#### Al-Anon/Alateen Speaks:

Leaders: Erika and Dante 11:30am—1:00pm in the Phoenix East

#### Serving after your Service:

(Experience, Strength, and Hope from our Military Service members)

Panelists: Shane L. *Phoenix, AZ*; Matt B. *Canton, NY*; Shelia B, *San Clemente, CA* 12:00pm—1:30pm in the Phoenix West

#### Steps 6, 7, 8, 9 Workshop:

(Getting Humble and Getting Awkward) Leaders: Eric A, *Prescott, AZ;* Sharmyn T. *Phoenix, AZ*; Shaunna C. *Phoenix, AZ* 12:30pm—2:00pm in the Ellis East

#### Traditions Workshop:

(We see them on the wall, now it's time to apply them) Leaders: Tina M. *Paradise Valley, AZ*; Dee P. *Mesa, AZ*; Vicki P. *Glendale, AZ*; Zak H. *Prescott, AZ* 1:00pm—2:15pm in the Phoenix East

#### **General Service Panel:**

(What is that Upside down triangle all about?) Panelists: Angela P. Maricopa DCMC *Mesa, AZ;* Kathi F. Area Delegate; Lois L. Alt. Area Chair; Fred P. *Mesa, AZ*; Lisa V. *Phoenix, AZ* 1:30pm—2:30pm in the Ellis West

#### <u>Alpha Alpha Sigma:</u>

(Getting sober on a college campus) Panelists: Rachael G. *Eugene, OR*; Alex B. *Tucson, AZ* 2:00pm—3:00pm in the Ellis East

#### Men's Workshop:

Leaders: Adam C. *Pittsburgh, PA*; Ben R. *Billings, MT*; Samuel C. *Kalamazoo, MI* 2:30pm—4:00pm in the Phoenix East

#### **General Service Workshop:**

(Who wants to get into General Service?) Leaders: : Angela P. Maricopa DCMC *Mesa, AZ*; Kathi F. Area Delegate; Lois L. Alt. Area Chair; Fred P. *Mesa, AZ*; Lisa V. *Phoenix, AZ* 2:30pm—4:00pm in the Ellis West

### Freestyle Rap Battle

Are you the next Macklemore or Atmosphere? Come showcase your skills in the Regency Ballroom for a chance to perform live during the dance tonight.

2:30-5:30 in the Regency Ballroom hosted by Big Tiz

#### YPAA Long-Timers:

(First-hand experience from some YPAA veterans from across the region) Panelists: Sam E. *Phoenix, AZ*; Lisa G. *Burlington, VT* 3:00pm—4:30pm in the Phoenix East

#### Never Had a Legal Drink:

(21 Didn't stop us)
Panelists: Roberto V. Las Vegas, NV; Trevor T. Scottsdale, AZ; John B. Tempe, AZ
3:30pm—5:00pm in the Phoenix West

We Agnostics: (Lack of a higher Power, that was our dilemma) Panelists: Justin C. *Covina, CA*; Marisa L. *Albuquerque, NM*; Julie D. *Phoenix, AZ* 4:00pm—5:00pm in the Ellis West

#### Gay Alcoholic or Alcoholic Who Happens to be Gay?:

(Let's just say that we had a little of an Identity Crisis) Panelists: Tony R. *Tempe, AZ*; Kyle P. *Phoenix, AZ*; Shay V *Tempe, AZ* 4:00pm—5:30pm in the Phoenix East

#### **Dance**

Come out and celebrate the joy that so many of us have found through the movement of our feet with **DJ Muzhak** and the winners of the Freestyle Rap Battle.

11:00pm-1:30am in the Phoenix Ballroom

### Comedy Show

Is the next Robin Williams, Chevy Chase, or Steve Martin amongst us? You be the judge! Come have some laughs in the Regency Ballroom Hosted by Jake E. 11:00pm—1:15am

### Sunday

#### Morning Meditation:

(Big Book pgs. 86-88) Leader: 8:00am—8:30am in the Cowboy Artist

#### Steps 10, 11, 12 Workshop:

(It is all about that Spiritual Growth) Leaders: Jordan B. *Seattle, WA*; Cheyanne T. *Tucson, AZ*; Angie P. *Prescott, AZ* 8:30am—9:30 am in Ellis East

#### <u>Talking Circle:</u> (Connecting to your Native Spirit) Panelists: Dewey *Dine Tribe* (Navajo) and Larry of the *Pima Tribe* (Souix) 8:30am—9:30am in Ellis West

### Morning Yoga

Time go get a little centered! 8:45am—9:45 in the Garden Court out by the Pool

### **Closing Drum Circle**

Join us in Regency Ballroom right after the Main Speaker in the Regency Ballroom.

# **Marathon Meetings:**

All marathon meetings will be held in the Borein Room on the conference center beginning at midnight on the opening night of the conference. Marathon meetings will be hosted by AA groups from several different regions.

### Friday

# **Time** 12-1am 1-2am

2-3am 3-4am 4-5am 5-6am 6-7am 7-8am 8-9am 9-10am 10-11am 11am-12pm 12pm-1pm 1-2pm 2-3pm 3-4pm 4-5pm

### Saturday

12-1am
1-2am
2-3am
3-4am
4-5am
5-6am
6-7am
7-8am
8-9am
9-10am
10-11am
11am-12pm
12pm-1pm
1pm-2pm

2-3pm

3-4pm

4-5pm

11-12pm

### Sunday

12-1am

1-2am

2-3am

3-4am

4-5am

5-6am

# Main Meetings: <u>Thursday</u>

### 8:30p.m. in the Regency Ballroom Main Speaker: Sydney R. (Dana Point, California) Chair: James H.

How it Works: Meghan Traditions: Dave M. Voice: Ian C.

### <u>Friday</u>

### 7:00p.m. in the Regency Ballroom

Main Speaker: Chandler R. (Bellevue, Tennessee) Opening Speaker: Mark H. (Phoenix, Arizona) Chair: Joe W. How it Works: Adair T. Traditions: Frank R. Voice: Ian C. Regional Countdown: Chelsea B. and Anthony E.

### <u>Saturday</u>

#### 7:00p.m. in the Regency Ballroom Main Speaker: Dawn D. (Los Angeles, California) Opening Speaker: Ian M. (Dublin, Ireland) Chair: Robert O. How it Works: Jason G. Traditions: Stacey M. Voice: Ian C. Sobriety Countdown: Toni W. and Matt S.

### <u>Sunday</u>

### 10:00a.m. in the Regency Ballroom

#### Main Speaker: Betsy T. (Columbus, OH) Chair: Ian C. How it Works: Hillary B. Traditions: Veronica F.

### 12 Steps

- 1. We admitted we were powerless over alcohol-that our lives had become unmanageable.
- 2. Came to believe that a Power greater than ourselves could restore us to sanity.
- 3. Made a decision to turn our will and our lives over to the care of God *as we understood Him*.
- 4. Made a searching and fearless inventory of ourselves.
- 5. Admitted to God, to ourselves, and another human being the exact nature of our wrongs.
- 6. Were entirely ready to have god remove all these defects of character.
- 7. Humbly asked him to remove our shortcomings.
- 8. Made a list of persons we have harmed, and became willing to make amends to them all.
- 9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
- 10. Continued to take personal inventory and when wrong promptly admitted it.

- 11. Sought through prayer and meditation to improve our conscious contact with God *as we understood Him*, praying only for the knowledge of His will for us and the power to carry that out.
- 12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

#### 12 Traditions

- 1. Our common welfare should come first; personal recovery depends upon A.A. unity
- 2. For our group purpose there is but one ultimate authority- a loving God as He may express Himself in our group conscious. Our leaders are but trusted servants; they do not govern.
- 3. The only requirement for A.A. membership is the desire to stop drinking.
- 4. Each group should be autonomous except in maters effecting other groups or A.A. as a whole.
- 5. Each group has but one primary purpose to carry its message to the alcoholic who still suffers.
- 6. An A.A. group ought never endorse, finance or lend the A.A. name to any related facility or outside enterprise lest problems of money property and prestige divert us from our primary purpose.
- 7. Every A.A group ought to be fully self supporting declining outside contributions.
- 8. Alcoholics Anonymous should remain forever nonprofessional but our service center may employ special workers.
- 9. A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

- 10. Alcoholics Anonymous has no opinion on outside issues hence the A.A. name ought never be drawn into public controversy.
- 11. Our public relations policy is based on attraction rather than promotion we need always maintain personal anonymity al the level of press, radio and films.
- 12. Anonymity is the spiritual foundation of all our principals ever reminding us to place principals before personalities.

### **Anonymity Statement**

There may be some here who are not familiar with our tradition of personal Anonymity at the public level: "Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films."

Thus, we respectfully ask that A.A. speakers and A.A. members not be photographed, videotaped, or identified by full name on audio recordings and in published or broadcast reports of our meetings, including those reports on media technologies such as the internet.

HR1

HR2

HR3